

Basketball Rules

All rules will be governed by the IHSA current rule book. These special rules supersede IHSA rules where applicable.

Contest Specific Rules

Length of Contest

6th thru 8th Grades

1. 8th Grade - Four (4) quarters of 7 minutes each.
2. 6th and 7th Grades - Four (4) quarters of 6 minutes each.
3. There will be an intermission of one (1) minute after the first and third quarters and five (5) minutes at half time.
4. There shall be an intermission of ten (10) minutes between games but not less than five (5) minutes when more than one game is played on a given date.

Instructional

1. Each contest will consist of eight (8) periods of three (3) minutes each.
2. There will be a thirty (30) second intermission between each period to accommodate mandatory substitutions (see Playing Time below). A five (5) minute intermission will be taken between the 4th and 5th periods (halftime).

Time Outs

1. 6th thru 8th Grades - Each team is entitled to four (4) charged time-outs during regulation time. During each extra period, each team is always entitled to one (1) extra time-out. Unused time-outs may be accumulated and used at any time.
2. Instructional - Each team is entitled to one time out per half. Unused time outs do not accrue to the next half.

Overtime

1. Overtime is the extension of playing time necessary to break a tie score. An extra period will be two (2) minutes in duration.
2. Grades 4 and 5 will not play overtime periods. Games end in a tie.

Free Throw Administration

1. 7th & 8th Grades – bonus awarded on opposing team's 7th personal team foul in each half. **No Super Bonus.**
2. 6th Grade & under – bonus awarded on opposing team's 10th personal team foul in each half. No Super Bonus.
3. 4th Grade girls will use an 11 foot free throw line.
4. 5th & 6th grade girls will use a 13 foot free throw line.
5. 5th grade and under boys will use a 13 foot free throw line.
6. All others will use the 15 foot (regulation) free throw line.

Technical Fouls

The penalty for a technical foul will consist of two points awarded to the opposing team plus possession will be awarded to the opposing team. This rule is intended as a deterrent to unsportsmanlike behavior and to appropriately penalize the offending team. (9/22/00)

Lane Violations

3-Second Rule. For 4th and 5th grades only, the 3 second rule is expanded to 5 seconds in the lane.

Alternating Possession

Game shall start with a jump-ball. After possession by one team, IHSA rules for alternating possession will be followed. Score Officials are to keep track of the last team possession.

Three Point Shot

The three point shot will be in effect for 7th and 8th grade contests whenever a regulation three point arc is available. No three point shot is in effect for other grades.

Press Rules

1. The definition of "no press" is the same at all levels (4th grade Thru 8th grade; boys and girls)
2. During a "no press" situation the defensive team must retreat to, and remain in, the 3 pt arc area until the BALL has crossed the PLANE of the 3 pt arc. Once the ball has crossed the 3 pt arc, the defensive team may pursue the ball / play defense in any manner they choose. This explicitly means they may extend their defense beyond the 3 pt arc area if they so desire.
3. Teams should not use the area between half court and the 3 pt arc to delay play and run time off of the clock. In the event that a team crosses half court but does not attempt to cross the 3 pt arc (effectively creating a stall situation), we want to encourage the referees to encourage play. If the referees feel a team is abusing the area between half court and the 3 pt arc we would like the referees to stop play and issue a warning to the coach to play basketball. This should include making a pass into the 3 pt arc area. We hope that these occurrences will be isolated but we also want the referees to know that this loophole should not be tolerated given the spirit of the no press rule. This should be especially noted at end of game and end of halftime scenarios.
4. Much like an inbounds situation, a defensive player may not make a play on the ball until the ball has crossed the 3 pt arc area. You cannot stand within the 3 pt arc and touch the ball until it has crossed the 3 pt arc. If the ball is touched prematurely, the offensive team should retain possession and get the ball out of bounds on the side. Continued abuse of this can be treated as a delay of game.
5. For grade 6, 7 and 8, the no press rule shall ONLY come into play when one team has a lead of 15 points or more in 6th and 7th grade and 20 points or more in 8th grade. Note that this is a change at the 6th grade level. This should apply to both Boys and Girls play.
6. For grades 4 and 5, the no press rule is always in effect.

Game Ball

1. Game balls must meet all IHSA requirements, be in good condition (no oblong or bubbled balls) and must be properly inflated.
2. All girls teams and 6th grade or under boys teams will use the 28.5 inch (women's) size ball.
3. Boys 7th and 8th will use a regulation ball.

Playing Time

The City-Suburban Catholic Conference strongly encourages that all eligible student athletes at all levels receive quality playing time in each contest. Exception is made in cases of disciplinary action as determined by the individual school or the conference.

Instructional

All Players shall receive equal playing time. When a team fields less than ten players, the following guidelines shall be used.

1. No player may play two quarters unless all players have played one quarter.
2. No player may play three quarters unless all players have played two quarters.
3. No player may play four quarters unless all players have played three quarters.
4. No Substitutions will be allowed during a period, with the exception of injuries. All substitutions must be made between periods.
5. At the end of each period, everyone on the bench must come in if playing with 10 or less players. With 10 or more players everyone in the game must come out.
6. The official game scorer will be responsible for recording the entry of each player during the game. Note: Typical basketball scorebooks allow for the checking in of players by quarter. Each three minute period should be considered a portion of quarter.
 - 6.1.1. Periods 1 and 2 belong to the first quarter
 - 6.1.2. Periods 3 and 4 belong to the second quarter
 - 6.1.3. Periods 5 and 6 belong to the third quarter
 - 6.1.4. Periods 7 and 8 belong to the fourth quarter.
7. If you keep track and find an opposing coach abusing this rule you may report it to your athletic director who will report it to the league president. The penalty for abusing this rule will result in a one game suspension for the first offence and the second offence will be a suspension and a \$50.00 fine to the school.
8. [Click here is to suggested ways to follow these rules.](#)

Sixth Grade

On the sixth grade level, all players must play a minimum of one quarter (six minutes) of each game, if eligible. Playing time in the play-offs is awarded at the discretion of the coach.

Seventh and Eighth Grades

Each eligible player must play in each regular season game for a minimum of two minutes. Playing time during play-offs is awarded at the discretion of the coach.

Sportsmanship

A handshake between the two teams must be performed prior to each contest.

Player Eligibility and Non-Contest specific Rules

No-Cut Policy

The City-Suburban Catholic Conference has a no cut policy. If a school has enough players who wish to play a team sport, such as basketball, the school athletic board must split the athletes into two equal teams. For Basketball, the split is required when there are 18 players.

School Representation

Players must be full time day students attending the school that they represent.

Age Restrictions

1. 8th Graders - Anyone who has not reached their 15th birthday before September 1st of the current year.
2. 7th Graders - Anyone who has not reached their 14th birthday before September 1st of the current year.
3. 6th Graders - Anyone who has not reached their 13th birthday before September 1st of the current year.
4. 5th Graders - Anyone who has not reached their 12th birthday before September 1st of the current year.
5. 4th Graders - Anyone who has not reached their 11th birthday before September 1st of the current year.

* Any coach and/or school that violates any of these age rules shall be suspended from the league on that level for the remainder of the season and must forfeit all games.

Rosters

1. Every school must submit a complete roster of all team members and coaches including name, uniform number and date of birth. Each team roster must be signed by the school principal and submitted to the respective boys or girls league chairperson prior to their first contest. Failure to supply said rosters will result in forfeiture of all contests played prior to the receipt of the rosters by the league chairperson.
2. Copies of each team's roster shall be made available to any coach upon request.
3. Players may be added, but only in writing and signed by the School principal, up until 30 days prior to the first scheduled playoff date, at which time rosters will be considered frozen.

Player Promotion

A student athlete may play up a grade but may not play down. Once a player has played up he/she may not go back down for league competition.

Player / Coach Conduct

Any coach or player who during the course of the season receives a total of two technical fouls for any unsportsmanlike act or conduct will be suspended for two games. Any coach or player receiving a fourth technical foul during the course of the season for any unsportsmanlike act or conduct will be suspended for the remainder of the season. Any flagrant foul, which per IHSA rules results in expulsion from the contest, shall constitute two technical fouls for the purposes of this rule.

If a coach or parent, in the opinion of the official, is verbally abusive to that official after the game is completed the official may assess the equivalent of a double technical foul on

that person by reporting the incident to the league. This would result in an automatic 2 game suspension that is not subject to review.

If a coach or parent, in the opinion of the official, is verbally abusive to that official beyond the confines of the gym building then that official may assess a double technical foul on that person by reporting the incident to the league. This would result in an automatic 2 game suspension that is not subject to review. In addition, the Officers of the Conference Board of Athletic Directors will determine if that person will be dismissed from coaching or if that parent will be allowed to attend any more games.

Note: Existing rules already address conduct during the contest.

Additional Note: Physically abusive behavior is addressed by the State Penal Code.

Contest Cancellation and Rescheduling Procedures

The following procedures must be followed for canceling or postponing any given game. Coaches may not cancel or reschedule games. All cancellations and rescheduling of games must be administered by the athletic director.

1. Contact opposing team immediately.
2. Contact Referee Chairman immediately.
3. An effort must be made to reschedule within 48 hours, or it will be constituted as a forfeit by the canceling team.
4. Contact League Coordinator thru the Scores Hotline to notify of cancellation and notify of rescheduled date.
5. It is the responsibility of the canceling team to arrange for referees through the Referee Chairman.

Official Season

The dates of the Basketball season will be determined each year by the officers of the City Suburban Catholic Conference. No games will be allowed either before the official start date or after the official end date as determined by the conference.

Contest Result Reporting

The winning team is responsible for reporting scores to the Conference Coordinator (6th thru 8th grade only) thru the Scores Hotline. Any scores which have not been reported within 72 hours of the scheduled contest date will be considered a forfeit by both teams.

Playoffs, Official Standings and Tie Breakers

1. Playoffs are held only for the 6th, 7th and 8th grade levels.
2. 4th and 5th grade are considered instructional. Scores are not reported, standings are not kept and no league championships are held.
3. Playoffs are conducted in a single elimination tournament format comprised of the top 3 teams from each division and the next 2 best records regardless of division. If the two wildcard teams are from the same division, then they will be seeded by record into the appropriate division. The worst record will be seeded against the first place team with the best record.

The logo for the City Suburban Catholic Conference (CSCC) features the letters 'C', 'S', 'C', and 'C' in a large, white, blocky font with a blue outline, set against a blue background.

City Suburban Catholic Conference

Competitive Sports
Catholic Values

4. Standings will be determined on the basis of overall conference records split by City and Suburban Divisions where more than eight teams are participating. Tie breakers are listed in the order of application. These tie breakers exist for the purpose of determining playoff seeding only. Ties which would determine inclusion for a playoff seeding or for division championship will be determined through an elimination contest.
 - a) Division Record (Only if teams are in same division)
 - b) Head to Head Record
 - c) Coin Toss